



Commitment Letter Template

Subject line: My commitment to you...

Hello family & dear friends,

You are getting this because you are close to my heart, thought of often, and someone that I believe will both understand and hold me up to a higher standard when it comes to living my dream.

Recently, I have looked around and found myself *still talking* about being successful sharing my music with the world and doing it full-time. I have humbly discovered a weakness of mine that has minimized my progress over the years—self-sabotage. And some of the most prolific ways that it shows up for me is my overwhelm in balancing my day job at the university with my musical pursuits, as well as procrastination, fear of failure, fear of rejection, and fear of the unknown.

When I do have time off in the evenings or on weekends, my love for people, being social, and having fun has taken precedence over my music goals. Of course, this zest for life is healthy, but I have found that my persistence, grit, and determination to accomplish my entrepreneurial goals has faded over time, and I'm often disappointed with where I am at in my musical career that means so much to me.

But starting today, I am making a commitment to you that I will be taking consistent action and implementation in order for me to terminate the self-sabotage that keeps me from reaching my biggest goals and dreams. To honor my commitment, I have to get comfortable with saying "no" to the things that no longer serve me such as procrastination, distractions, and diversions from working on my dream. Because of this, I am asking for your loving support, understanding, and patience in advance. To do this, I am setting a weekly "action schedule" that I must follow.

Every Monday-Thursday when I get home from work (after 6 PM), I will be turning my phone off, disregarding texts, calls, emails, social media,

and getting to work on my dream. I will be dedicating a lot of my time to this on weekends too (yes, this means that I might miss the big game and regular get-togethers), but I will do my very best to find balance and time for us to connect when I can. I may come across as "distant", but this is only because I want to BE MY ALL FOR YOU.

Thank you for seeing the greatness in me that the only one who was stopping me was me. From now on, I will have the gratification of looking you in the eyes when you ask how my music dream is coming and telling you that I am doing *everything* in my power to make it happen. I owe this to you, my fans, and most importantly, to myself.

My vision is that I am fulfilling my gifts as an artist and reaching my highest potential, all the while, being able to be self employed, successful, and eventually, have a wealth of time to explore life to the fullest...with you! But before I can do all of that, I have to train and condition myself to become consistent and persistent which is something I have lacked.

There are a number of musical projects that I am pursuing that I believe, with my invigorating commitment, will lead me to the life that I truly desire. If you want to know more and how you can support me with that, I'd love to share with you.

So, my promise to you is this. I am sticking to my commitment, one day at a time, to eventually work my way up to becoming the highest version I've always had for myself and my dream of healing humanity with my music. I love that you are an integral part of my journey and am thankful for you...even when you don't know it.

In deep gratitude,

Tiamo :)